“My Body Deserves Care: Nutrition, Health, and Hygiene”



ASU Faculty of Pharmacy Organizes Health Awareness Activity in Ain Al-Basha Schools
The Community Service committee at the faculty of pharmacy, Applied Science Private University (ASU), organized a health awareness activity entitled “My Body Deserves Care: Nutrition, Health, and Hygiene” on Thursday, October 8, 2026, at Hay Hamza Co-educational School and Ain Al-Basha Basic School for Boys in Ain Al-Basha District. The activity was conducted in collaboration with the Local Community Committee of the Jordan Pharmacists Association and Bella Derma Company.







The activity was supervised by Dr. Manal Ayyash, Rapporteur of the Community Service Committee, with the participation of Dr. Alaa Abu Odeh, Dr. Raja Daghash, and several student members of the Committee. Attendees included Dr. Khaled Al-Wuhaidi, Chair of the Local Community Committee at the Jordan Pharmacists Association; Dr. Yousef Abu Malouh, a member of the Association's Board; and representatives of Bella Derma Company.
The activity featured educational lectures on the importance of vitamins in maintaining overall health, as well as hair and skin health, personal hygiene, and healthy nutrition. Healthy food and fresh fruits were distributed to students, and engaging health-related competitions were organized, followed by the distribution of gifts to participants. These activities aimed to promote health awareness and encourage healthy habits in an enjoyable and interactive learning environment. This initiative is part of the ongoing community engagement activities organized by the faculty of pharmacy to promote health awareness, strengthen partnerships with professional organizations and the private sector, and involve pharmacy students in serving the local community.