

## **Maysoun Subhi Al-Qutob**

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**Work Address: Applied Science Private University  
Faculty of Pharmacy/ Department of Clinical Nutrition and Dietetics**

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### **Education**

- 2010 Doctor of Philosophy (PhD) in Nutrition and Food Technology- Faculty of Graduate Studies; University of Jordan.
- 2002 Master of Science (M.Sc.) in Biological Sciences- Faculty of Graduate Studies; University of Jordan.
- 1998 Bachelors of Science (B.Sc.) in Biological Sciences- Faculty of Science; University of Jordan.

### **Doctoral Dissertations:**

PhD dissertation entitled “**Study of the Etiological Factors of Vitamin B<sub>12</sub> Deficiency in Asymptomatic Volunteers Aged 20-40 Years Visiting the Jordan University Hospital**”. Study included: surveying subjects from Jordan University Hospital regarding their social, educational, medical and dietary data, performing clinical blood tests.

### **Professional Experience:**

- 2008-2018 Home health care provider. Responsibilities: physical therapy, tube feeding, respiratory aid, lung clearing procedures and performing life-sustaining activities on a daily basis.
- 2005-2010 Teaching assistant for the “Diet therapy” course at University of Jordan.
- 2005-2010 Research assistant at the Department of Nutrition and Food Science, University of Jordan.
- 1999-2001 Biochemistry laboratory research assistant at the Department of Biological Sciences- University of Jordan (18 months). The research title was:  
“Isolation and Characterization of Camel Stomach Esterases”.The research focused on comparison of esterases’ activities between different camel tissues (stomach, intestine and liver) as well as among different animal species (camel, cow and sheep). The work included:
- Preparation of crude extracts,
  - Determination of enzyme activity in the extract by Spectrophotometry,

- Precipitation of the enzyme by centrifugation and acetone precipitation,
- Electrophoresis.

1999-2000 Supervisor assistant at the Optical Micro-technique Laboratory- Summer Course- Department of Biological Sciences- Faculty of Science- The University of Jordan.

### **Publications:**

1. Maysoun S. Qutob and Hamed R. Takruri (2011). A General Review on Vitamin B<sub>12</sub> Deficiency with Focus on the Situation in Jordan. **DIRASAT**, 38(1,2): 37-44.
2. Maysoun S. Qutob, Hamed R. Takruri and Farihan F. Barghouti (2011). Evaluation of True Vitamin B<sub>12</sub> Deficiency in a Group of Jordanians Aged 20-40 Years Visiting the Jordan University Hospital. **Pakistan Journal of Nutrition**, 10(4): 343-349.
3. Maysoun S. Qutob, Hamed R. Takruri and Farihan F. Barghouti. Etiological Factors of True Vitamin B<sub>12</sub> Deficiency in a Group of Young Adult Jordanians (submitted for publication).

### **Conferences attended:**

The 2<sup>nd</sup> International Jordanian Conference of Nutrition 2019 and Obesity Surgery, Landmark Hotel, Amman, Jordan (April 4-5, 2019) (Accredited by the Academy of Nutrition and Dietetics and The Jordanian Society for Obesity Surgery (JSOS)).

The Second Scientific Day: “Recent Approaches in Nutrition and Health”, Jordanian Dietetic Association, Amman, Jordan (December 1, 2018).

Smart Food Conferences, Agricultural Engineers Association, Amman, Jordan (August 30-September 1, 2018).

The Fourth Arab Conference on Nutrition, I submitted a poster entitled “**Etiological Factors of True Vitamin B<sub>12</sub> Deficiency in a Group of Young Adult Jordanians**” University of Jordan, Amman, Jordan, April 2011.

The Jordanian Conference on Nutrition, I presented a paper entitled “**Vitamin B<sub>12</sub> deficiency in Jordan**”, Petra University, Amman, Jordan, April 2010.

### **Academic Achievements:**

1994 The General Secondary Education Certificate from Sisters of Nazareth College with (Excellent) average (91.2%).

1992 French language certificate (Deuxième Degré du Certificat de Langue Française) – Bureau d'Action Linguistique – Service Culturel et de Coroporation Technique – Ambassade de France – Amman – Jordanie.

**Courses, Workshops and Skills:**

- 2019 Vegetarian Nutrition Training. Catalyst-The Training Lab (9 CEPU).
- 2019 Nutrition Focused Physical Assessment (NFPA) Training. Catalyst-The Training Lab (10 CPEU).
- 2019 Motivational Intervention Course. N'ema Center for Nutrition Consultatiom (5 training hours).
- 2018 Nutripharma (NPH). NutriCenter (15 training hours).
- 2018 Insulin Resistance- Diet Management Workshop. Catalyst-The Training Lab (8 CPEU).
- 2018 Medical Media Content Presenting and Producing. Medical Media Content Presenting and Producing. Certified by International College in London and 7Drs. Academy.
- 2018 Weight Loss Diet Planning. NutriCenter (5 training hours).
- 2018 Endocrine Disorders and Weight Management. NutriCenter (4 training hours).
- 2018 Nutrition for High Performance: The Complete Eating Plan to Maximize Your Workout. Proteinak Academy (20 training hours).
- 2018 Sports Nutrition “Supplement”. NutriCenter (5 training hours).
- 2017 Weight Management: Nutritional Intervention Workshop. Catalyst-The training Lab (8 CPEU).
- 2007 ESHA course at the Agricultural Engineers Association.
- 1998 Comprehensive Computer Course at the Modern Language Center.
- 1998 TOEFL, score 570.
- 1998 GRE (Graduate Record Examination), score 1170.

**Languages**

Arabic:       Fluent  
English:      Fluent.  
French:       Good.