

C.V.



Name: Dr. Ahmad M.M. Sundookah

Nationality: Jordanian

Marital status: married, 6 children

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Academic rank: Associate professor.

Scientific Qualifications:

- * BSc, Public health, YarmoukUniversity, 1987.**
- * Postgraduate diploma / Nutrition and food technology, University of Jordan 1989.**
- * MSc, Human nutrition, University of Jordan 1992.**
- * PhD, Human nutrition, University of Jordan 2001.**

Publications:

- 1) Humeid, M.A., Sundookah, A.M., and Al-Haj Deeb, F.A. Food Production and Service (part I), Theory, 1st Edition, Ministry of Education, 1995.**
- 2) Humeid, M.A., Sundookah, A.M., and Abdawi, B.S., Food Production and Service (part I), Practical, 1st Edition, Ministry of Education, 1995..**
- 3) Humeid, M.A., Sundookah, A.M., and Ayyoub, S.N., Food Production and Service (part II), Theory, 1st Edition, Ministry of Education, 1995.**

- 4) Humeid, M.A., Sundookah, A.M., Ayyoub, S.N., and Abu Saleem, F. A., *Food Production and Service (part II), Practical, 1st Edition, Ministry of Education,1995.*
- 5) Afaneh, I., Abu-Alruz, K., Quasem, J., and Sundookah, A. *Effect of Critical Processing Variables on Sesame Milk Quality. American Journal of Agricultural and Biological Sciences” 6 (4): 517-520.*
- 6) Afaneh, I., Abu-Alruz, K., Quasem, J., Sundookah, A., Abbadi, I., Alloussi, S., and Ayyad, Z. (2011). *Fundamental Elements to Produce Sesame Yoghurt from Sesame Milk. American Journal of Applied Sciences” 8 (11): 1086-1092.*
- 7) Quasem, J., Afaneh, I., Almasri. H., Hmidat, M., Mazahreh, A., and Sundookah, A. (2012). *Effect of Acidity on Delta 7 Stigmastenol Content of Palestinian Olive Oil. “American Journal of Applied Sciences” 9(12): 1916-1921.*
- 8) Abu-Samak, M., Abu-Zaiton, A., Al-Jaberi, A., Sundookah, A., Atrooz, O., Abu-Khadra, K., Khuzaie, R., and Taleb, W. (2014). *Morning Salivary Cortisol Associates with Elevated Serum Leptin Levels in Jordanian Young Men with Olive Pollen Induced Allergic Rhinitis. “British Journal of Medicin & Medical Research” 4(3): 797-806.*
- 9) Sundookah, A., Herzallah, S., Abu-Zaiton, A., Abu-Hanak, Y., and Abu-Samak, M. (2020). *Leptin Serum Levels, Blood Lipid Profiles, and Their Correlations among Smokers and non-Smokers in Jordanian Adults. “International Medical Journal” 25 (1):209-216.*
- 10) Sundookah, A. (2020). *Assessment of Glycemic Control in Diabetic Patients by Correlation of Fasting Plasma Glucose (FPG) and Postprandial Plasma Glucose (PPG) with Glycosylated Hemoglobin. “International Medical Journal” 25 (2):859-866.*
- 11) Sundookah, A., Abu-Hanak, y., Al-Asad, T., Abu-Samak, M.,and Herzallah, S. (2020). *Alcohol Abuse as A risk Factor for Developing Pancreatitis. “International Medical Journal” 25 (4):1677-1681.*

12) Herzallah, S., Sundookah, A., Dabbor, I., Abu-Samak, M., Al-Dmoor, H., Abu-Hanak, Y. (2021). Segmental Body Composition Analysis by Bioimpedance (BI) as Obesity Determination Tool. "Agrociencia" 55 (3):100-111.

Under Publication.

- * Effect of purine-supplemented diets on kidney efficiency.***
- * Effect on coffee consumption on blood lipid profile.***

Research Fields:

- * Effect of corn oil, olive oil, and sheep tallow on blood and urinary levels of uric acid in rats fed purine-supplemented diets. MSc thesis, University of Jordan 1992.***
- * Effect of different levels of coffee bean roasting and addition of cardamom to Arabic coffee on blood lipids in healthy male volunteers, PhD thesis, University of Jordan 2001.***

Past Experience:

- Education, Ministry of Education Schools, 1992-1995.***
- Working in Ministry of Health Labs., Technician in food inspection and analysis, 1995-1997.***
- Working in Ministry of Health, Dietitian, in Al-Basheer hospital, 1997-2001.***
- Training manager, Aquat training center, Saudi Arabia, 2001-2008.***
- Instructor, Applied Science Private University, Faculty of Allied Medical Sciences, Department of Food and Nutrition 2008-until now.***

Courses that I taught:

Human nutrition

Clinical nutrition and dietetics (I & II)

Maternity and childhood nutrition

Nutrition during different life stages

Malnutrition diseases

Nutritional assessment

Community nutrition

Nutrition during health and disease

Biology (101)

Biochemistry

Human physiology

Pathophysiology

Conferences that I participate:

- ***Participation in the first scientific agricultural conference, University of Jordan, Jordan, 1993.***
- ***Participation in the ArabGulf forum for training, Aquat Training center, Saudi Arabia, 2007.***
- ***Participation in the first food and nutrition conference, Petra University, Jordan, 2008.***
- ***Participation in the second food and nutrition conference, Petra University, Jordan, 2009.***

Training Courses That I attend:

- ***Marine and aquatic inspection training program. Ministry of Health, Jordan, 1996.***
- ***HACCP auditing program, Cairo University, Egypt. 2002.***
- ***ISO-9001:2000 Auditing program, Aquat Training center, Saudi Arabia, 2004.***
- ***Skills of building an effective team, Aquat Training center, Saudi Arabia, 2007.***
- ***Preparation of training plans. Arabian Gulf training center, Saudi Arabia, 2007.***
- ***Evaluation of training processes. Arabian Gulf training center, Saudi Arabia, 2007.***
- ***Designing training programs using "rapid learning technology", Arabian Gulf training center, Saudi Arabia, 2007.***
- ***Work ethics, Aquat Training center, Saudi Arabia, 2008.***
- ***Presenting TV programs in nutrition, Jordan TV, (1993-2005).***